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**Anleitung zur Gesundheitspflege
 auf Kauffahrteischiffen
 Chapter Attach. B No.**

13. Fever: Infectious diseases II

<p><u>Germs which penetrate via the skin</u> Transmitters live in: contaminated water, excrement and urine polluted beaches, dirty accommodation. Precautionary measures: Do not bathe or wade in contaminated or unknown water, do not walk barefoot, cloth entire body. * Bilharzia: <u>Incidence:</u> Africa, Arabia, South China, Japan, Philippines <u>Symptoms:</u> 3-10 weeks after being infected fever, rheumatism, swelling of the liver. 2-3 months later with bloody urine and burning when passing water, or bloody slimy stool. <u>Therapy:</u> Not possible on board * Hookworm disease: <u>Incidence:</u> Central and South America, Central Africa, South East Asia. <u>Symptoms:</u> stomach ache, nausea, heartburn, flatulence, loss of appetite. <u>Therapy:</u> Not possible on board</p>		
<p><u>Germs which are transmitted by insects:</u> Precautionary measures: inoculation, prophylaxes, clothe complete body, do not sit in the light beam during the evening, mosquito net, insecticide * Yellow fever: <u>Transmitter:</u> Mosquitoes. <u>Incidence:</u> Africa, Central America. <u>Symptoms:</u> Several days after being infected, flu-like syndrome with high fever; restlessness and state of anxiety. After a short period of no fever fever of 40°C recurs, jaundice, traces of blood in urine, stool and vomit. Bleeding of mucous membrane. <u>Therapy:</u> Strict bed rest, large quantities of drinks with salt and glucose, sedatives and painkiller, hospital treatment urgently required. * Malaria: <u>Transmitter:</u> (Anopheles)mosquito. <u>Incidence:</u> Tropical and sub-tropical regions. <u>Symptoms:</u> First of all headache and rheumatism then shivering and sudden increase in fever to over 40°C. After 4-5 hours critical fever with massive outbreak of sweating. After the attack, extreme exhaustion. Recurrence of the course of disease with the tertiana after 3 days, quartana after 4 days, tropicana in irregular intervals. <u>Therapy:</u> Commence immediately with Malerone treatment according to schema. Bring the patient to a doctor or tropical institute as soon as possible. * Oriental boils: <u>Incidence:</u> Iraq, Arabia, Iran, India, China, North Africa. <u>Symptoms:</u> Painless, boil to the size of a five mark coin with yellowish-brown crust, lymph node swelling. <u>Therapy:</u> Not required on board. * Pest: <u>Incidence:</u> Predominantly in warm countries. <u>Symptoms:</u> Transmission through fleas or rats, high fever, poor general condition, formation of boils at point of sting, lymph node swelling, in cases where the lungs are involved, bloody sputum, highly infectious. <u>Therapy:</u> Strict isolation of the patient, bed rest, plenty of drinks, strict measures of hygiene, antibiotics.</p>	<p>B.3.11 B.3.11.1.3.1. B.3.11.1. B.3.11.1.5.</p>	<p>9.01 3.07, 6.02, 5.06, 5.08 9.02 8.02</p>
<p>Further measures: <u>Disinfection of living area and objects</u> * Wear personal protection while disinfecting: Gloves, mask, protective clothing if possible * Apply cold disinfecting agents (contains aldehyde!!); do not squirt or spray. Place objects, which have come into contact with blood, pus, slime, excrements (instruments, emetic bowls, urine bottles, storage bowls) into disinfectant solution. Wash contaminated surfaces (floor, bedstead, bed-struts, toilet pans) with disinfectant solution and dry afterwards. Wash bed linen, supports, blankets and clothing at a temperature of 70°C. Clean the remaining objects or rooms with normal detergent (soap, warm water). * Make medical appointment, continually observe patient</p>		<p>18.02</p>